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Topical tranexamic acid prevents scar tissue formation following craniectomy in a rat model

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Abstract

Background We carried out a study to assess the efficacy of tranexamic acid in preventing scar tissue in the craniectomy area in rats.

Method Our study consisted of control and tranexamic acid groups with 10 subjects each. All subjects underwent bilateral frontoparietal craniectomy. After craniectomy, cotton pads were applied to the surgical sites. In the controls, the pads were soaked with saline and in the tranexamic acid group the pads were soaked with 30 mg/kg tranexamic acid. Rats were decapitated 30 days after surgery. The degree of scar formation was evaluated pathologically and by electron microscopy. In pathologic evaluation, dura mater thickness, scar tissue density, and arachnoid involvement were evaluated.

Results The outcomes demonstrated that no adhesions were present in the rats of the Tranexamic acid group, whereas the control group exhibited severe scar tissue [eight of ten rats (80%)] with adhesions. Additionally, comparison between the two groups showed that the dura mater thickness of tranexamic acid animals was thinner than that of the control group animals. Similarly, the intensity of scar tissue density and the intensity of arachnoid involvement were much better than the control group.

Conclusions Scar tissue formation following craniectomies represents a significant adverse outcome that may lead to various complications. Intraoperative topical application of tranexamic acid has demonstrated potential efficacy in preventing scar formation in the craniectomy region in rat models.

Keywords Tranexamic acid, Epidural fibrosis, Rat, Craniectomy

Introduction

Adhesions developing between the temporalis muscle and the dura mater following craniectomies may result in dura mater defects, cerebrospinal fluid leakage, and brain parenchymal injuries, which are the most important factors affecting surgical success. There is currently no effective medical or surgical application that has been clinically used to prevent the development of these fibrotic adhesions [16].

Tranexamic acid, a molecule similar to lysine, functions to inhibit fibrinolysis by preventing plasminogen from adhering to fibrin. Due to this feature, it is used to stop bleeding during surgery [9]. Initially, using fibrin to prevent adhesions may seem like a futile effort. However, this concept is supported by numerous studies involving

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fibrin-derived materials in both animal and human subjects [5]. Bovine-derived aprotinin is a component of several commercial products, including Trasylol® (Nordic), Tisseel (Baxter), and Aprotinin Injection BP (Nordic). Studies by Kurt et al. have demonstrated Aprotinin efficacy in reducing adhesion formation, particularly in preventing peridural fibrosis and dural adhesions following laminectomy [19]. However, since the use of bovine materials is not safe, different fibrinolytic inhibitors are used at present [6]. In the literature, only one study has used tranexamic acid to prevent epidural adhesions [5]. Given its antifibrotic properties, we hypothesized that the local application of tranexamic acid would reduce fibrotic adhesion and dural thickening after craniectomy.

Our study aimed to evaluate the effectiveness of locally applied tranexamic acid in rats that underwent surgical craniectomy.

Materials and methods

Animal population

All experimental procedures in this study adhered to the European Communities Council Directive of 24 November 1986 (86/609/EEC) on the protection of animals used for scientific purposes. Proper care and ethical guidelines were followed at all stages of the research. All the experimental procedures used in this investigation were reviewed and approved by the ethical committee of the Ankara Education and Research Hospital Animal Laboratory. (Ethics Committee Approval Number: 775, Date: 2024.05.22). A licensed veterinarian supervised the procedures to ensure compliance with animal welfare standards. The study utilized 20 male Wistar rats, each approximately 12 months old and weighing an average of 350 g. The rats were anesthetized with intramuscular injection of a combination of ketamine hydrochloride (35 mg/kg; Ketalar; Pfizer, Istanbul, Turkey) and xylazine (10 mg/kg; Rompun; Bayer, Istanbul, Turkey). A single surgeon performed all procedures.

Surgical procedure

Prior to surgery, the rats' frontal regions were shaved, and the surgical area was disinfected using povidone (Batticon; Adeka Pharmaceuticals, Istanbul, Turkey). The rats were then fixated on a board in a prone position. A drill system (MEDTRONIC Midas REX Legend EHS

EM100) was employed to perform bilateral frontoparietal craniectomies, measuring 7 to 8 mm. The dura mater was revealed but kept intact. In this comparative study, rats were allocated to two experimental groups. As all animals possessed identical characteristics, randomization was not necessary for the group assignment process.

Control group (n: 10): Saline (Eczacıbaşı-Baxter, Istanbul-Turkey) soaked cotton pads (0.5×0.5 cm) were applied to the dura mater for 5 min.

Tranexamic acid group (n: 10): Cotton pads (0.5×0.5 cm) saturated with 30 mg/kg tranexamic acid (Herajit; Vem, Ankara, Turkey) were placed on the dura mater for 5 min [5].

All the subjects exhibited satisfactory postoperative recovery without neurological deficits. Each rat was provided with a standard diet and maintained under identical conditions. The animals were euthanized using 100 mg/kg of ketamine hydrochloride (Ketalar; Pfizer) 30 days after the operation.

The cranial bones, including the scalp, were extracted as a single unit. After dividing from the midline, one hemisphere was submerged in 10% buffered formalin. The other side was immediately put into 2.5% glutaraldehyde for fixation for 48 h and then postfixed with OsO₃.

Evaluation of scar tissue formation

Decalcification, dehydration, and paraffin blocking were performed before the pathological examination. Sections were taken axially at 5 µm thickness. The preparations were stained with haematoxylin and eosin (H&E) and Masson's trichrome. The sections were evaluated by a pathologist unaware of the group formation. Dura mater thickness, scar tissue density, and arachnoid involvement were evaluated in the pathological evaluation. For dura mater thickness, the average of measurements taken from four random points was used [3].

Scar tissue was evaluated using the grading system of He et al.: Grade 0 indicates no scar tissue, Grade I: Thin fibrous band(s) between fibrous tissue and dura mater; Grade II: Adhesions in less than 2/3 of the laminectomy defect; Grade III: Extensive fibrous tissue, adhesions more than 2/3 of the laminectomy defect and/or fibrous tissue reaching the nerve roots [14]. Arachnoid involvement was categorized as present/absent [3].

Table 1 Dura mater thickness measurements of tranexamic acid and the control groups (Values are presented as the median scores (interquartile range))

	Control group	Tranexamic acid group	
Dura mater thickness measurements	40.76 (32.06–51.87) µm	17.78 (13.74–25.6) µm	<i>p</i> = 0.001

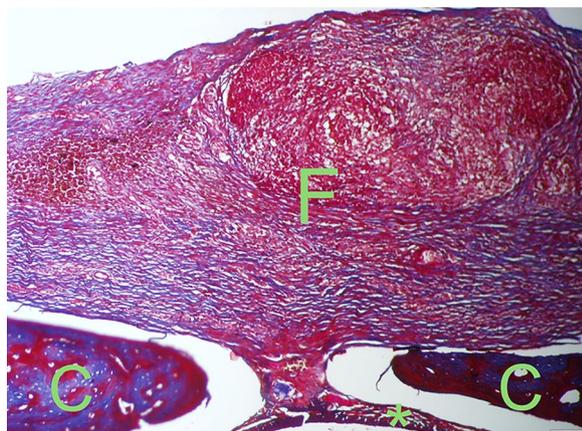


Fig. 1 Control group pathological evaluation shows Grade 3 fibrosis. C cranium, F fibrosis, Asterix dura mater. Masson trichrome

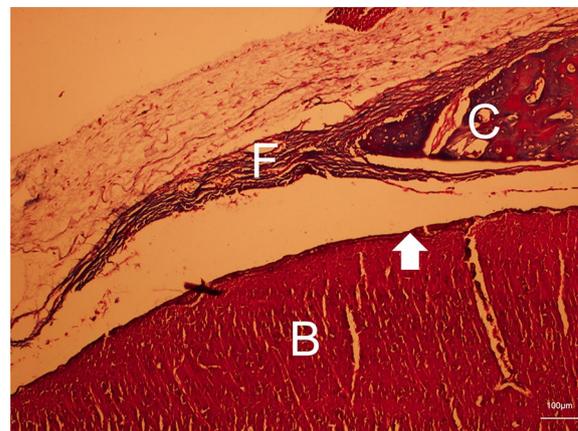


Fig. 2 Tranexamic acid group pathological evaluation shows Grade 1 fibrosis. There wasn't any direct contact among the underlying dura mater with the fibrotic tissue. C cranium, F fibrosis, B brain, White arrow dura mater. Masson trichrome

Evaluation using transmission electron microscopy (TEM)

Post fixation samples were dehydrated in a graded series of alcohol solutions and embedded in Araldite CY212. Sections were taken approximately 2 µm thick. Staining with 1% methylene blue was then performed. The slides were kept on a hot plate at 100–110 °C for approximately 40–45 s and then washed with tap water and rinsed. For descriptive analysis, the sections were first examined under a light microscope. Tissue blocks were cut to prepare ultrathin sections after region of interest identification. Ultrathin sections (60×90 nm) taken with a Leica EM UC7 ultramicrotome were stained with uranyl acetate and lead citrate. The stained sections were visualized and photographed on a Hitachi HT7800 120 kV transmission electron microscope (TEM).

Statistical analysis

In the descriptive statistical analysis, median scores with interquartile ranges (IQR) were used to summarize numerical variables, while frequencies and percentages were reported for categorical variables. Statistical analyses were conducted using two approaches. First, the thickness of the dura mater was evaluated using the Mann–Whitney *U* test. Second, a chi-square test was employed to assess dura mater fibrosis and arachnoid involvement. Statistical significance was established at $p < 0.05$, with α set at 0.05 for Type I error. All analyses were performed using IBM SPSS Statistics for Windows, Version 23.0 (IBM Corp., Armonk, NY, USA).

Results

Table 1 presents the results of dura mater thickness measurements. Subjects in the tranexamic acid group exhibited significantly thinner dura mater compared to the control group ($p = 0.001$). In the stained axial

Table 2 Tranexamic Acid and the control groups scar tissue grades

	N	Grade 0	Grade 1	Grade 2	Grade 3
Control group	10	0	1 (10%)	1 (10%)	8 (80%)
Tranexamic acid group	10	0	7 (70%)	2 (20%)	1 (10%)

Significantly difference was found between tranexamic acid and the control groups groups, $p = 0.006$

sections (Table 2), the control group predominantly displayed severe scarring, with Grade 3 fibrosis observed in eight of ten rats (80%). Only one rat exhibited Grade 2 fibrosis, and one (10%) showed Grade 1 fibrosis (Fig. 1). In contrast, the tranexamic acid group demonstrated markedly improved outcomes, with minimal scarring (Grade 1) in seven of ten rats (70%), moderate scarring (Grade 2) in two rats, and severe scarring (Grade 3) in only one rat (10%) (Fig. 2). Statistical analysis revealed a significant difference in fibrosis grades along the dura mater between the tranexamic acid and control groups ($p = 0.006$). Additionally, tranexamic acid treatment resulted in significantly lower arachnoid involvement scores in the treatment group ($p = 0.02$), as detailed in Table 3.

Electron microscopic evaluation of the control group revealed dense, organized bundles of collagen fibers, numerous scattered erythrocytes, and highly active fibroblasts with well-developed rough endoplasmic reticulum (Fig. 3). In contrast, the tranexamic acid group showed collagen fibers forming thinner, less organized bundles oriented in multiple directions, with significantly fewer

Table 3 Tranexamic Acid and the control groups arachnoid adhesion results

	N	Yes	No
Control group	10	8 (80%)	2 (20%)
Tranexamic acid group	10	1 (10%)	9 (90%)

Significantly difference was found between tranexamic acid and the control groups, $p=0.02$

active fibroblasts and only occasional fibrocytes interspersed among them (Fig. 4).

Discussion

The craniectomy revisions may often result in extended surgical duration, increased blood loss, and potential damage to the dura mater and brain tissue. Excessive adhesive tissue formation makes this kind of surgery complex to perform [3]. Various biological and synthetic materials have been investigated to prevent scar formation [1, 24]. These include haemostatic sponges [15], biologically absorbed barrier gels [23], fat grafts [12], hyaluronic acid [30], carboxymethylcellulose gels [18], a combination of dextran sulfate and gelatine (Adcon-L, Gliatech), 5-fluorouracil, cyclosporine [41], and radiation therapy [2]. Despite these efforts, the outcomes of these investigations have shown only limited success, and their clinical application has not yet proven effective.

Complex cranial procedures involving both supra- and infratentorial compartments present significant surgical challenges, often complicated by adhesions and limited dissection fields. Techniques aimed at minimizing such adhesions—like the use of antifibrotic agents—may support surgical efficiency, as also discussed in rare dual-compartment hematoma drainage strategies [32]. Fibrotic adhesions are a common challenge not only in cranial surgeries but also in spinal procedures such as tethered cord syndrome, as previously described by Tabanlı et al. [33].

Adhesion development is widely believed to involve the transformation of fibrinous adhesions into fibrous ones through fibrin deposition. Thus, one might assume that introducing fibrin to a surgical site could promote adhesion formation [11]. However, numerous studies on animals and humans using fibrin-based materials do not support this assumption [21, 38]. In the present study, we have investigated the possibility that fibrin may be an adhesion prevention agent due to its potential benefits. As the end product of the coagulation cascade, fibrin is formed when thrombin acts on fibrinogen, removing fibrinopeptides A and B to produce fibrin monomers that aggregate into a gel [12]. Fibrin can reduce adhesions by forming a barrier once fully polymerized, preventing attachment to other surfaces [34, 36].

Although it is thought that reducing scar tissue at the surgical site may impair dural healing and increase the risk of cerebrospinal fluid leakage, no conclusive evidence supports this claim [31]. Instead, numerous studies have identified key risk factors for CSF leakage, which can be categorized as either patient-related or surgery-related. Patient-specific risks include male sex, younger age, a high body mass index, and diabetes [7, 13]. On the surgical side, factors such as infratentorial procedures and prolonged operative time have been associated with an increased risk of CSF leakage [13, 28]. While there is no existing literature on the effect of tranexamic acid on cerebrospinal fluid leaks, Esposito et al. have suggested that fibrin sealants used in neurosurgery may help achieve a watertight dural closure. Their findings indicate that these sealants could be effective in preventing CSF leaks while maintaining an acceptable safety profile [10].

Tranexamic acid, a synthetic lysine analog, inhibits fibrinolysis by reversibly blocking plasminogen's lysine binding sites [20]. This medication has been widely utilized to prevent bleeding in various gynaecological procedures, including placental haemorrhage, postpartum blood loss, and cervical conization [40]. Additionally, tranexamic acid has demonstrated efficacy in reducing blood loss following oral surgery for haemophilia patients and has proven effective as an oral rinse for dental patients on anticoagulant therapy [26, 35]. The drug has also shown benefits in decreasing blood loss during orthotopic liver transplantation and transurethral prostate surgery [22, 25]. Moreover, it has been successful in lowering rebleeding rates in patients with traumatic hyphema [8]. When the literature is examined in detail, it shows that tranexamic acid was experimentally used in different anatomical sites in different specialties rather than as a blood preventing agent. Wiseman et al. investigated the relationship between different doses and amounts of antifibrinolytic agents, tranexamic acid, and aprotinin with the development of adhesions in abdominal wounds. Also, both tranexamic acid and aprotinin were shown to reduce the incidence and severity of adhesions [39]. In addition, Sahin et al. reported that tranexamic acid affects the bone formation process. They have shown that fibrinolysis suppression reduces the quality and stability of fusion without a delay in bone formation [29].

Circi et al. [5] found that local application of 30 mg of tranexamic acid at the laminectomy site and systematic use of 30 mg/kg of tranexamic acid reduced the formation of epidural fibrosis. However, they did not measure dura mater thickness in their study. The dura mater is the most affected meningeal layer during the formation of epidural adhesions. We evaluated both dura mater thickness and electron microscopic evaluation in our current

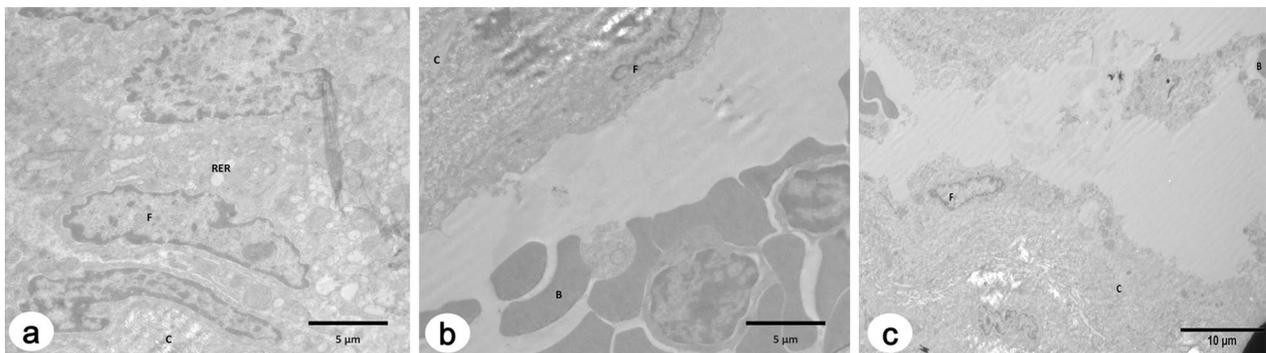


Fig. 3 Control group electron microscopy demonstrates. **A** Dural section with active fibroblast (F) with well-developed rough endoplasmic reticulum (RER) and collagen fibers (C). **B** Active fibroblast (F) with well oriented collagen bundles (C) are observed. In the opposite corner of the picture blood elements are seen (B). **C** Thick bundles of collagen bundles (C) overlaying active fibroblast (F) are observed. Some erythrocytes (R) are seen in the dural space



Fig. 4 Tranexamic acid group electron microscopy demonstrates: **A** Collagen fibers (C) in various directions and a fibrocyte (F) are observed. **B** Collagen fibers (C) extending in various directions and a less active fibroblast (F) is observed. **C** Collagen fibers (C) extending in various directions and a less active fibroblast (F) is observed

study. Electron microscopic evaluation provided us with much more data toward understanding the mechanism of action of the drug, since no previous evaluation has been performed on this subject. The analysis of dura mater thickness revealed a statistically significant variance between the tranexamic acid and the control groups ($p=0.001$). Similarly, the evaluation of fibrosis density [14] demonstrated a statistically significant difference when comparing the tranexamic acid-treated group to the control group ($p=0.006$). The dura mater thickness results were consistent with the fibrosis density assessments. No inflammatory reaction at the wound site was detected in any case, nor was there any neuronal involvement. In addition to the pathological evaluation, electron microscopic examination showed that tranexamic acid prevents fibroblastic transformation of fibrocytes and inhibits collagen maturation preventing dural fibrosis.

Tranexamic acid is currently used widely as a haemostatic agent in various parts of the body, both systemically and locally, by medical departments worldwide.

Numerous published studies have determined the safe dose range and frequency. The effect of tranexamic acid on bone healing and tendon healing has been investigated [9], but only one study has examined its effect on epidural fibrosis in a lumbar laminectomy model. This study has examined its systemic and local effects in a single dose range and has found it to be effective on epidural fibrosis [5]. Our research represents the first investigation in the scientific literature to assess the local application of tranexamic acid on the craniectomy site using a craniectomy model. This novel approach evaluates the efficacy of this treatment method in the context of cranial surgery. We have shown that tranexamic acid effectively prevents adhesion in the craniectomy region in a statistically significant manner and we have supported our results with electron microscopic findings. The advantages of less adhesions on 2nd stage surgeries include shorter operation times, reduced anaesthesia exposure, and lower associated risks [17]. Additionally, less blood loss decreases the need for transfusions and related complications [37].

With fewer adhesions, dissection is easier, reducing the risk of accidental dural tears and preventing cerebrospinal fluid leakage. This also protects underlying brain tissue from mechanical trauma during dissection, minimizing the risk of cortical haemorrhage and neurological deficits [27]. Less tissue manipulation and shorter procedure times further reduce infection risks. Moreover, more precise dissection allows for optimal bone flap positioning [4].

Several limitations should be acknowledged. First, the study was performed with small sample size. Second, since only a single dose of tranexamic acid was evaluated, the generalizability of the results may be constrained. Future studies should investigate varying doses to determine whether the observed effects are dose dependent. Third deficiency in our study is that tranexamic acid was not examined parenterally. Fourth, while Wistar rats were used in this study, which may not fully replicate human surgical conditions. Finally, incorporating additional biochemical analyses of inflammatory markers could strengthen the pathological assessment and provide a more comprehensive evaluation of postoperative efficacy.

Conclusion

This study shows that administering tranexamic acid after craniectomy significantly reduces epidural fibrosis and adhesion formation in rats—a key finding with direct implications for 2nd stage cranioplasty. Although this is an experimental study, the observed reduction in adhesions could substantially decrease operative time, blood loss, and complication risks in subsequent surgeries in humans. Notably, tranexamic acid provided these benefits without any observed adverse effects in rats, suggesting it could become a valuable tool in future neurosurgical practice.

Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s40001-025-02634-z>.

Supplementary Material 1.

Supplementary Material 2.

Supplementary Material 3.

Author contributions

Ö.Ş. and T.T.: study conception and design, control/supervision, data collection and processing, surgical procedures, pharmacological applications, writing the article, final manuscript approval A.F, H.S.B and M.Ç.: data analysis or interpretation, literature review, prepared figures, critical manuscript revision.

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Availability of data and materials

No datasets were generated or analysed during the current study.

Declarations

Ethics approval and consent to participate

The study was conducted with the approval of Ankara Training and Research Hospital Animal Experiments and Local Ethics Committee decision with permission number 775.

Competing interests

The authors declare no competing interests.

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